# Evidence2Practice Ontario

**Accessible. Actionable. Adaptable.**

# E2P Anxiety Disorders & Depression Tool

Did you know that **more than 9 million Canadians** will be affected by a mental illness during their lifetime?

Our complimentary **EMR-integrated tool for anxiety disorders and depression in adults** in **TELUS PS Suite**, **OSCAR Pro**, and **Accuro QHR** offers a streamlined approach to support clinicians with appropriate assessment, diagnoses, and management, providing easier access to the necessary information at the point of care.

## Features include:

### Practical assistance for screening and assessment

Surfaces evidence-based guidance to assist clinicians in screening patients with risk factors for anxiety or depression and provides a practical approach to completing a comprehensive assessment.

### Optimized guidance on management

Supports the use of a stepped approach with the identification of first-line therapies in alignment with patient factors and streamlines the navigation of available services and supports.

### Supports for patient self-management

Contains a patient and caregiver-facing printable component that clearly outlines the management approach and connects them to accessible resources and supports, both locally and virtually.

Screening in TELUS PS Suite version



Assessment module from OSCAR Pro version



## What clinicians are saying:

*"I am still noticing new parts of the tool with each encounter. Overall, it is great. I have shown patients how I am checking off aspects of their comprehensive assessment which they have appreciated!"*

S. BAL, MD, CFPC

## Services available at no cost:

**Change management** enables smooth adoption and effective utilization of the E2P tool:
- Tailored coaching for primary care clinicians, allied health professionals and all clinic staff
- Facilitated installation, set-up and tool training
- Review of existing workflows to maximize efficiencies

**Academic detailing** provides 1-on-1 discussions with a trained pharmacist to support clinicians in improving outcomes for patients, including:
- Knowing who and how to screen
- Individualizing therapy using a shared decision-making approach
- Finding accessible, affordable, and local resources for patients

## Get started: Visit www.E2P.ca today!

CEP Centre for Effective Practice

amplify care formerly eHealth Centre of Excellence

NORTH YORK GENERAL *Making a World of Difference*